

ITFA HQ/DOJANG: TIMETABLE CLASSES FOR TERM 4 2021
(starting Monday 18th October – Sunday 24th October 2021)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10 - 10.45am						COLOUR BELT GRADING	
11am - 12pm							
3 - 3.55pm	ViRTUAL SMR		CHILDREN All grades				
4 - 4.55pm	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades		
5 - 5.55pm	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades		
6 - 6.55pm	FITNESS CLASS	7PM ViRTUAL Mr Rafferty	FITNESS CLASS	BLACK BELT CLASS	ADULTS All grades		
7 - 8.30pm	ADULTS All grades	8PM ViRTUAL Mr Rafferty	ADULTS All grades	ADULTS All grades			