

ITFA HQ/DOJANG: SCHOOL TERM TIMETABLE 2024 (From Monday 29th January 2024)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						9.30 – 10.30am FAMILY CLASS	10am-12pm Monthly BLACK BELT TRAINING
						10.30am- 12.30 pm ADULTS All grades	
4 – 5pm	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades	CHILDREN All grades			
5 – 6pm	CHILDREN All grades		CHILDREN All grades	CHILDREN All grades			
6 – 7pm	FITNESS CLASS		FITNESS CLASS	BLACK BELT CLASS			
7 – 8.30pm	ADULTS All grades		ADULTS All grades				

*Classes subject to change during School Holidays